

INVITATION

to the 3rd year of international 5-stage-orienteeing event for a long, middle and sprint course



Organiser:

Slovak orienteeing association

Technical realization:

Orienteering club Ružomberok

Programme:

4th Jul 2018 -Thursday- E1-Long distance

5th Jul 2018 -Friday- E2-Middle distance

6th Jul 2018 -Saturday-afternoon- E4-Sprint distance - INOV cup-Slovak league

7th Jul 2018 -Sunday- E5-Long distance - INOV cup-Slovak League

Classification:

5-day event – an open individual competition for middle, sprint and long distance with specified order of control points.

Competition Centre:

Podbanské- Slovak Republic

GPS 49.142862° 19.903352°

Classes:

N – beginners

OPEN S - Open short category - non competitive

OPEN L - Open long category - non competitive

K3 - 3 km - difficult course for runners of any age and gender

M,W-10R (with a guide)

M,W -10;

M,W -12A;

M,W -14A;

M,W -16A;

M,W -18A;

M,W -20A;

M,W 21-E;

M,W 21-B;

M 21-D;

M,W 35-A;

M,W 40-A;

M,W 45-A;

M,W 50-A;

M,W 55-A;

M,W 60-A;

M,W 65-A;

M70-

Organiser reserves the right to combine categories in case of small number of competitors.

Entries:

Use our on-line entry system:

CompetitionBasicInfo.aspx?CompetitionID=4081

In special cases you can send your entry form by e-mail to: tatry.orienteering@gmail.com

Entry fee:

All 5 STAGES - by classes and entry date

Classes	Till 30 th April 2019	Till 31 st May 2019	Till 21 st June 2019
M/W-10, M/W-10R N	25 EUROS	30 EUROS	35 EUROS
OPEN-S	40 EUROS	45 EUROS	50 EUROS
OPEN-L	40 EUROS	45 EUROS	50 EUROS
M/W-12 M/W-14	35 EUROS	40 EUROS	45 EUROS
M/W-16	45 EUROS	50 EUROS	55 EUROS
K3	45 EUROS	50 EUROS	55 EUROS
M/W 60- M/W 65- M 70-	45 EUROS	50 EUROS	55 EUROS
Other classes	50 EUROS	60 EUROS	65 EUROS

NON ALL 5 STAGES Entry fee for 1 stage:

Classes	Till 30 th April 2019	Till 31 st May 2019	Till 21 st June 2019
M/W-10 M/W-10R N	8,-EUROS	9,- EUROS	10,-EUROS
M/W-12 M/W-14	10,-EUROS	11, -EUROS	12,-EUROS
M/W-16 M/W 60- M/W 65- M 70- K3 OPEN-S OPEN-L	14,-EUROS	15, -EUROS	16,-EUROS
Other classes	16,-EUROS	17, -EUROS	18,-EUROS

After the last deadline 21st June 2018 – entry with 100% surcharge and only for limited number of competitors.

Training:

unorganized individual training during the event with three training maps with courses for forward entries in advance .

	till 30 th April 2019	after 30 th April 2019
training map	0,-EUROS	2,-EUROS

~~Competition~~ T-Shirt Tatry orienteering basic

Possibility to order a cotton T-shirt for the price of € 10 / available sizes: S, M, L, XL. XXL /. The

order is through the orienteeringonline.net. The last date for order and payment is 31st May 2019.



T-Shirt Tatry orienteering premium

Possibility to order a sport T-shirt of higher quality not only with the race theme but you can have a name + club name printed on it for the price of €35/ available sizes: SX, S, M, L, XL. XL, children size: 134,140,146,152,158 /. The order is possible through the orienteeringonline.net.

Deadline for order and payment is 31th May 2019.

A SPECIAL OFFER for a family: buy 4 T-shirts and get 1 more for FREE.

DISCOUNT: Competitors who will have signed up and paid the entry fee by the end of year 2018 can order a sport T- shirt for a reduced price: 24 €



Charity

You can buy a raffle ticket for the price of 5 €The financial donation will be given to **Tatra National Park / TANAP /**. The main drawing prize is a voucher for accommodation in the guest house **DENY** in the **Bachled Valley**. For example, when giving **10 EUROS**, you will be registered twice for the draw. You can contribute either during the race or in advance by bank transfer to the account number: **IBAN: SK44 1100 0000 0026 1095 0264 SWIFT: TATR SK BX** The financial gift will be given to **TANAP** after the race. Other interesting prizes will be added.

Cable Lift on start Stage 1

To get to the start point of the first stage you can use either a new cabin lift or walk appx. 45 minutes./240 m elevation difference/.

Payments:

Payment to be made to the bank account:

Name of the account: SOHLER VALTER

Bank: Tatra Banka a.s.

Bank address: Hodzovo namestie 3, 81106 Bratislava

IBAN: SK44 1100 0000 0026 1095 0264

SWIFT: TATR SK BX

Enter your payment reference number from orienteeringonline.net to match the payment to the recipient correctly. If you do not pay for the whole club, add the names of people you are paying for.

Entries and changes after 22nd June 2019 will be accepted depending on the vacancies in the starting list for a 100% surcharge to the original entry fee. Entry fee is not refundable in case of absence of competitors. After the payment to the account the entry fee will not be refunded in case of cancellations because of exceptional circumstances, for example natural disaster, etc. The organiser reserves the right to combine categories in case of small number of entries.

Presentation: It will be (clarified) given later

Accommodation:

We recommend to book accommodation in the event centre in Podbanske. Racers who want to come earlier could accommodate before the first stage in Bachledova dolina, Ždiar or Tatranská Kotlina and after the first stage ~~take accommodation~~ in Podbanske or Pribylina.

In Podbanske we recommend accommodation in the hotel Pieris.

www.podbanskeresort.sk/hotel-pieris/cenniky/

(www.podbanskeresort.sk/hotel-pieris/akciove-pobyty/)

Participants who book and pay for at least two nights until 31st of January 2019 together with payment will get special price "Business Pieris" www.podbanskeresort.sk/hotel-pieris/akciove-pobyty-pre-firmy/business-pieris/ - At the booking Write the note: TATRY ORIENTEERING while booking the accommodation.

Autocamping Račková dolina -tents:

price per person 2.40€, tent 2.40€ and car 2.40€ capacity 60 tents. Book in advance please.

<http://www.pribylina.sk/sk/autocamp-rackova-dolina>

<http://www.pribylina.sk/sk/clanok/153-cenniky>

Cottage Jakubíná – a guest house in the camp site 8€/night/ bed/.

Gym - in own sleeping bags on the floor 4 € per person/night. . It is possible to book all 4 nights only. Booking via www.orienteeringonline.net In case of small number of bookings you will be offered a similar alternative accommodation elsewhere.

Hotel Orešnica - about 20 € per person/night.

<http://hoteloreshnica.sk/>

Alexandra Wellnesshotel - about 37 € per person/night.

<http://alexandrawellnesshotel.sk/cenniky/>

Hotel Permon

<http://www.hotelpermon.sk/>

Bungalows Podbanské

www.bungalovypodbanske.sk

Penzión FAMILY RESORT

www.familyresort.sk/

Penzion Tempo Tatry ***

www.penzion.tempotatry.sk

Accommodation in guest houses:

<http://www.pribylina.sk/sk/ubytovanie-v-sukromi>

More accommodation facilities on the web site of the event:

<http://www.tatry-orienteeing.sk/accommodation.html>

~~of the event~~ and in nearby resorts **Štrbské pleso, Demänovská dolina, Liptovský Hrádok, Jánka dolina, Starý Smokovec, Tatranská Lomnica**

Alternatives of catering:

Refreshments at the finish point or competition centre, restaurants and hotels in the area.

Transport:

Organiser provides transport to the Stage 2 and 3. The fee is included in the entry fee. There is no possibility to park own cars there. Organiser offers transport to the first stage at Bachled valley (Bachledova dolina) from the camp site and back too. The fee is 12€/person (at least 20 people) Caution: at the first stage starting point there could be a problem with the parking lot capacity because of high tourist season interest. Runners with own cars arriving later that day could park far away (even several km) because of taken parking places. There is no need of transport to the 4th and 5th stage starting point.

Starting times :

Stage 1: 1pm
Stage 2, Stage 3, Stage 5 : 10am
Stage 4: 3pm

Maps:

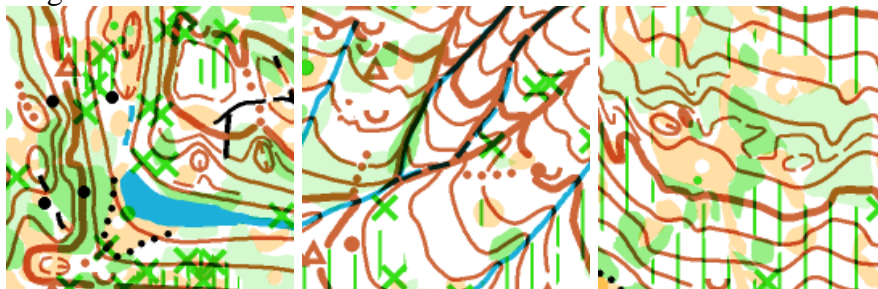
Stage 1 **1:10 000** E 5m, ISOM 2017
Stage 2 **1:7500** E 5 m, ISOM 2017
Stage 3 **1:7500** E 5 m, ISOM 2017
Stage 4 **1:5000** E 5 m, ISSOM 2007
Stage 5 **1:10 000** E 5m, ISOM 2017

Training map:

Map : **1:7500** E 5m, ISOM 2017

Map sample:

Stage number 1:



Stage number 2:



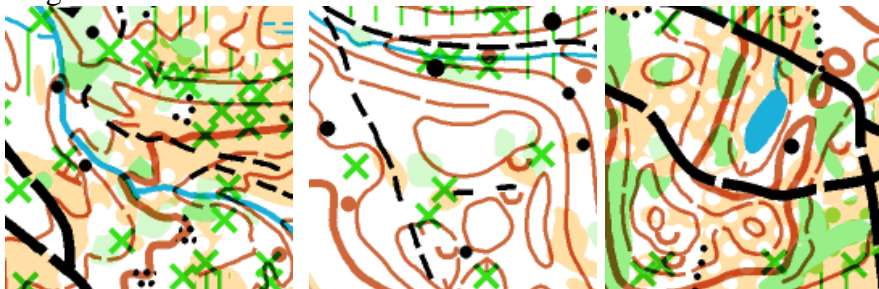
Stage number 3:



Stage number 4:



Stage number 5



Photos of the terrain:

<http://www.tatry-orienteing.sk/fotografie-tatry-orienteing.html>

More photos on Facebook:

<https://www.facebook.com/tatryorienteing>

Terrain:

Depending on the stage, the moderately hilly to almost complete flat. The mean density of roads and footpaths. Forest with different runability with high detail / knolls, small depressions.../. Some courses run through the runable mountain meadows and semi-open or open areas.

Timing system:

Sport Ident timing system will be used. Add your SI number in the entry form, please.
Renting fee for a SI card: 10 € per person per 5 sages. Loss of hired SI card: 40 €.

Race officials :

Race director: Valter Sohler R1
Main referee: Jan Picek R1

Course planners: Jan Picek R1 and Valter Sohler R1

Rating:

The total winner has to take part in all stages. Deciding is the sum of the times of all stages of the competition.

Prizes:

Various prizes from our partners. Medals will be given to the first three racers in each category. The main prize for category M21- E : accommodation voucher in the Grand hotel Permon ****

Information:

E-mail: www.tatry-orienteeing.sk e-mail: tatry.orienteeing@gmail.com

Mobile phone: 00421 911 462 532
00421 905 683 618 after 2.00 pm

Tips for a trip: <http://www.tatry-orienteeing.sk/what-to-do-tatry-orienteeing.pdf>

During the day of the first stage race we highly recommend to visit Belianska Cave and Pieniny National Park. Right close to the starting point of the first stage there are located a special **sky walk** - its web page is: <https://chodnikkorunamistromov.sk/en/> and a modern restaurant with panoramic view. Not too far from here there is also the Litmanova Pilgrimage site. Close to race centre there is the biggest Slovak wellness hotel - Hotel Permon.

Warning:

All competitors take part in the competition at their own risk and responsibility, without compensation in case of an injury or accident caused during or because of this competition. The organiser is not responsible for damages that are caused by competitors. Competitors agree with the processing of personal data for the purpose of racing and making photos for the purposes of the promotion of sport and its archives. The organiser is not responsible for the damages caused by the racers. Parking only at designated locations. Right to change programme reserved.

Valter Sohler
Race director

Jan Picek
Main referee